

## Why Study Sport

### 5 Reasons to choose Sport

1. You are able to help people achieve their fitness goals and become healthier and fitter.
2. As a job it can be very rewarding to see the progress customers make.
3. Opportunities for career progression.
4. The study of Sports Science teaches students transferable skills such as team working, communication and presentation skills valued by any employer.
5. It is a fun and diverse industry to be a part of where often no two days are the same.



### Industry Insight

The Sport and leisure industry is all about people enjoying sport, keeping fit and improving their health and fitness.

With an increasingly image conscious society the numbers of health and fitness clubs in the UK has soared. There are roughly 7 thousand with an estimated 9.7 million members. Only Germany has more health and fitness club members. As an industry it is an increasingly popular career sector, with demand for higher level expertise a premium.

Jobs in the sector can be in professional sport, either playing or coaching at different levels. Alternatively you can work in health promotion through sport and the study of sports science, or perhaps a fitness role in a gym delivering group or one-to-one training sessions and exercise classes.

### Vocational Route Explored

Studying a vocational course in Sport offers a fantastic opportunity to progress into the industry. Vocational courses have been developed in partnership with employers to ensure students are learning the skills they will need in the industry while they are at College. For this reason they are popular with employers and increase the chances of the students getting a job or an apprenticeship/internship at the end of their study.

They are practical and interactive, a method of learning that is valued by many students. Work experience is also a key requirement for the majority of our courses giving the students the ability to apply knowledge learnt to real life situations, as well as develop interpersonal skills so valued by employers.



**Hannah**

Former Sport Student

Hannah Kemp is an inspiration to many as she proudly represented Great Britain in the Abu Dhabi 2019 Special Olympics World Summer Games. She has achieved notable titles in her category as the 4th best shot-putter in the world as well as the 5th best 100m sprinter in the world. "I couldn't of done it without Brooklands."

## Coaching Sessions

As part of their practical assignment, our Sports students participated in, and then ran, coaching sessions. From reaction drills to front shuttles & hurdle hops, the sessions focused on speed and agility.



## Charity Dodgeball

A battle of bravery... In December 2019, students from the Sports and Uniformed Public Services sectors chose to play dodgeball for charity, each player made a donation in order to participate in the game. College staff also joined in on the action forming a team, as a part of the college tournament, together with the student teams.

The teams all showed great spirit displaying courage, skill, friendly rivalry and positive enjoyment. After numerous matches against each team, the excitement came to a climax for a gripping final. The staff team against the top student team. They ducked and dodged, they threw with gusto... and with the last hurl, the staff team were pitted to the post as the student team grabbed victory!



## Student work experiences/work placements

- Everyone Active Leisure Centre
- Fusion Lifestyle
- Achieve Lifestyle Egham Orbit
- Sythwood Primary & Nursery School
- Air Parks
- The Orchard School

## Take a look at the courses we offer!

### Level 1 BTEC Preparation for Sport and Uniformed Public Services

The course aims to provide students with a basic understanding of employment in both Sport, Leisure and Uniformed Public Services industries.

### Level 3 BTEC National Extended Diploma in Sport, Fitness & Personal Training

Designed for those who want a practical, hands-on and educational course.

Any questions? Contact us:  
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